

# SCHOOL MENU - Balanced, nutritious and freshly prepared tasty meals

Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Fishcake Mashed Potatoes Baked Beans	Breaded Chicken Steak Herby Diced Potatoes Carrots Baked Beans	Roast Chicken Roast Potatoes Mashed Potatoes Selection of Seasonal Vegetables	Sausages Oven Baked Wedges Peas Carrots	Pasta Bolognaise Chips Sweetcorn
Pasta Neapolitan (v) Garlic Bread Broccoli	Vegetable Fingers (v) Herby Diced Potatoes Baked Beans	Vegetarian Sausage (v) Roast Potatoes Mashed Potatoes Selection of Seasonal Vegetables	Mac 'n' Cheese (v) Crusty Bread Peas Carrots	Pizza (v) (with a selection of toppings) Chips Peas
Oaty Syrup Cookie	Ice-cream Tub	Muffin	Flapjack	Yoghurt

## Food Allergen & Intolerance Information

Before ordering speak to our staff about your requirements.



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Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Fish Finger Oven Baked Wedges Peas Sweetcorn	Chicken Korma Rice Cauliflower Broccoli	Roast Chicken & Gravy Roast Potatoes Mashed Potatoes Selection of Seasonal Vegetables	Meatballs in Tomato Sauce Pasta Garlic Bread	Shepherd's Pie Chips Green Beans
Quorn Bolognese (v) Pasta Garlic Bread Peas Sweetcorn	Jacket Potato with Cheese & Beans (v)	Veggie Sausage (v) Roast Potatoes Mashed Potatoes Selection of Seasonal Vegetables	Cheese & Potato Pie (v) Baked Beans	Pizza (v) (with a selection of toppings) Chips Peas
Flapjack	Cupcake	Fruity Jelly	Cookie	Ice-cream Tub

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Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage Roll Diced Potatoes Broccoli	Italian Pasta Bake Garlic bread Carrots	Roast Chicken with Stuffing & Gravy Roast Potatoes Mashed Potatoes Selection of Seasonal Vegetables	Fish Fingers Mashed Potatoes Sweetcorn	Pizza (with a selection of toppings) Chips Peas
Cheesy Omelette (v) Diced Potatoes Broccoli	Quorn Dippers (v) Oven Baked Wedges Carrots	Quorn Fillet (v) Roast Potatoes Mashed Potatoes Selection of Seasonal Vegetables	Vegetarian Lasagne (v) Crusty Roll Sweetcorn	Quorn Tikka Masala (v) Rice Peas
Angel Delight	Frosted Marble Sponge	Cookies	Ice-cream Tub	Fruity Shortbread

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