

Nursery

Activity	✓	Date
Jump in a muddy puddle		
Get messy/muddy		
Make a leaf pile		
Dress up like a superhero		
Have a tea party		
Play hide and seek		
Learn a new song/rhyme		
Explore using a magnifying glass		
Take part in barefoot painting		
Complete a barefoot walk		
Create an obstacle course		
Play a new parachute game		
Take Maisie for a walk around school		
Stroke the school dog		
Visit the reading pods for a story		
Visit my local shop		
Take part in a fundraising bike ride		
Make a paper aeroplane		
Blow and pop bubbles		
Play a game of hopscotch		

Reception

Activity	✓	Date
Visit a farm		
Paint a self portrait		
Plant some bulbs and watch them grow		
Go on an autumn walk		
Make leaf rubbings		
Make a sandwich		
Taste a new fruit		
Visit a place of worship		
Fly a kite		
Make a paper boat and see if it floats		
Perform a song		
Re-tell a story to an audience		
Post a letter		
Meet a friend's pet		
Search for butterflies		
Take a photograph		
Make a treasure map		
Dress up like a pirate		
Look up where you live on a map		
Have a teddy bears picnic		

Year 1

Activity	✓	Date
Record different sounds and ask others to guess what they are		
Make some biscuits		
Make and taste chapattis		
Make a puppet		
Put on a shadow puppet show		
Borrow a book from a library		
Discover what is in a pond		
Create a piece of art for an exhibition		
Look up at the stars on a clear night		
Perform a dance		
Go on a hunt for some insects or small creatures		
Make a home for an insect or small creatures		
Create a class collage		
Create a comic strip		
Take part in a play day		
Roll down a hill		
Make a daisy chain		
Join an extra-curricular club		
Build a den		
Perform in front of your class		

Year 2

Activity	✓	Date
Plan a party		
Play a board game		
Learn a poem off by heart		
Take a trip to the seaside or walk alongside a river		
Bake a cake		
Buy something and check your change		
Write a weather report for your class		
Build a bridge and test its strength		
Become a nature detective		
Dress up as a superhero		
Make a film		
Start a vegetable patch		
Pick blackberries		
Get soaking wet in the rain		
Go bird watching		
Learn a French song		
Walk barefoot on the sand or on a nature trail		
Start a collection and share it with your class		
Walk to a local landmark		
Make a mask		

Year 3

Activity	✓	Date
Compose a piece of music		
Take part in a Roman banquet		
Eat something you've not tried before		
Create a mosaic		
Design and make a board game		
Climb a tree		
Create a soundtrack for a piece of film		
Make a pinhole camera		
Make a musical instrument		
Light a candle		
Learn a new game		
Make something out of wood		
Cook outdoors		
Learn to play a game of cards		
Tell your class about your favourite character from a book		
Produce rubbings of fossils		
Try yoga		
Eat something you have grown		
Visit an art gallery		
Stay away from home for a night		

Year 4

Activity	✓	Date
Make chocolate		
Create a display for a show and tell		
Write and perform a poem		
Perform a play		
Watch a play or a dance production		
Use a camera to document a performance		
Choreograph a dance		
Make a sculpture		
Create a sculpture trail		
Explore inside a cave		
Walk through a forest		
Learn about a new religion and visit a new place of worship		
Make up your own game and teach it to someone		
Visit a museum		
Skim stones		
Visit a castle		
Swim outside		
Learn to sew on a button		
Go hiking		
Take part in a treasure hunt		

Year 5

Activity	✓	Date
Take part in a debate		
Learn something new about your local area		
Learn to moon walk		
Make and launch an air powered rocket		
Use an OS map		
Go orienteering		
Do a blind-folded taste test		
Write a story for the Reception class		
Make a large scale model		
Visit a science laboratory		
Write a play		
Experience a Victorian school room		
Put on a performance		
Make papier mache planets		
Climb something that is taller than you		
Walk to the top of a hill		
Write in hieroglyphics		
Pick litter in your local area		
Plan and cook a meal		
Design and make an electric model		

Year 6

Activity	✓	Date
Keep a diary for a week		
Take a trip on a train		
Send an email		
Learn to knit		
Write a speech		
Vote in a school election		
Plan a tour around your local area		
Interview someone		
Visit a local charity and find out how you can support them		
Learn how to access the news		
Design a product or business idea and pitch it to 'investors'		
Choose objects to put in a time capsule		
Write and record/broadcast a radio play		
Sleep under canvas		
Make a dessert		
Organise a tea for parents and carers		
See the sun set		
See the sun rise		
Go on a picnic		
Visit a new city		